

Dear Parents, February 8, 2023

We are excited to present another year of the Ostomy Canada Society's (OCS) Youth Camp. The date of this year's camp is **Sunday July 2 – Friday July 7, 2023,** and will once again take place at Easter Seals Camp Horizon located in the foothills of the majestic Rocky Mountains in Bragg Creek, AB.

IMPORTANT Registration Instructions:

- It is mandatory to reserve your spot at this year's camp on the Easter Seals Camp Horizon
 website NO LATER than May 1, 2023. To do so, please follow the registration link at:
 https://eastersealscamphorizon.campbrainregistration.com/. Your registration must be 100%
 completed before acceptance.
- 2. In addition to the registration on the Easter Seals Camp Horizon website, please take note of our Confidentiality notice included in this correspondence and advise Lisa Gausman, Camp Administrator at lisa.gausman@ostomycanada.ca if there are issues we need to be aware of.
- 3. To make the registration process easier, please review the attached registration instructions including the transportation process. Payment is due May 1, 2023. The full registration fee of \$900 must follow the registration for the registration to be complete. Cheques can be made payable to Ostomy Canada Society Inc and mailed to: Ostomy Canada Society Attn: Lisa Gausman Camp Administrator, 5800 Ambler Drive, Suite #210, Mississauga ON L4W 4J4.
- 4. Payment can be made online at https://www.ostomycanada.ca/camp/camp-payment/ Please contact the Camp Administrator regarding financial assistance if required. *If funding is sponsored by Child Handicapped Services, a case worker is required to contact the Camp Administrator at 403-826-6388 before the camp deadline of May 1, 2023.

Please note that refunds on registration fees will be managed by the OCS office after August 1, 2023, less a \$50 administration fee.

If you have any questions regarding the registration or camp policies, please contact Lisa at lisa.gausman@ostomycanada.ca or 403-826-6388 prior to the May 1, 2023 deadline.

We, the OCS Camp Committee have been diligently planning and preparing events and activities to give your child an educational, amazing, and fun filled camp week. We look forward to seeing them this summer.

Kindest regards,

Lisa Gausman

Lisa Gausman

Ostomy Canada Youth Camp Administrator



Confidentiality Notice

Confidentiality will be waived if an individual discloses the following information:

- 1. An individual is going to hurt themselves.
- 2. Someone is going to hurt that individual.
- 3. An individual has a plan to hurt someone.

Please let Lisa Gausman, Camp Administrator know about any other concerns and please divulge any behavioural issue that may be important for us to be aware of. For example: ADHD, Anxiety, Depression and Bullying.

Transportation Information - A communique with suggested flights to have your child arrive and depart within a set time will be sent to you after you have completed your child's registration and payment has been made. **No flights are to be booked until AFTER** this communique has been sent out. All our available spots must be filled by May 1 as this is the determining factor that camp is going ahead.

Campers being driven to camp by family members are required to arrive at camp between 5:00 pm and 5:30 pm on Sunday July 2, 2023. **Camp Horizon cannot accommodate campers arriving before 5 pm.**

Campers being picked up by family members are required to be picked up at camp and 'off-site' between 1:00 pm and 2:00 pm on Friday July 7, 2023. Camp Horizon cannot accommodate campers departing after 2 pm.

Campers arriving in Calgary by air.

Once all the campers who fly into Calgary arrive, a bus will take them and our airport volunteers out to camp. We ask that you please plan for your child to arrive in Calgary no earlier than noon and no later than 4 pm on July 2, 2023. We would hate to have our campers spend the majority of their first full day at camp waiting for all arrivals.

Please plan to arrange the return flight home for the afternoon of Friday July 7, 2023, between 4 pm and 7 pm. No flights are to be booked until the communique is sent out.



Medical Professional's Statement 2023

(Name)	is physically able to attend Ostomy Canada Youth Camp in
Bragg Creek, Alberta in July 2023.	
He/She/They have special medical nearly and/or inflammatory bowel disease.	eeds that may include an ostomy, bladder, or bowel incontinence
collect urine and/or body waste. If the	re the surgical creation of an external stoma or internal pouch to here is an external stoma, this person will wear an ostomy pouching the abdomen. The pouch will appear on the full body scanner or ected to a body pat down.
The person requires that medical sup carry-on baggage.	oplies (e.g., ostomy supplies) and/or medications be available in
The above-named person is a patient	t in my care.
This form must be signed by your do	octor or NSWOC
Medical Professional's Name	
Address of Practice	
Phone Number	
Print Name	_
Medical Professional's Signature	 Date

^{*}This form needs to be photocopied and carried with the child through airport security.



Registration Information

Ostomy Canada Youth Camp 2023

For registration with Easter Seals, please visit the website: https://eastersealscamphorizon.campbrainregistration.com/

If you are registering a returning camper and have an existing account, you can log in with your existing login, if you do not remember your password, please click the 'Password Reset'. For new campers, please create a login with your email address and create a password. The registration will take approximately an hour to complete. At any point you can save the form and return to it later. The registration will not be officially submitted until all the forms are finished but you won't lose any of the work you have already completed.

Once you have signed into and/or created an account, please choose the Partner groups, and click on Ostomy Canada Youth Camp (July 2, 2023 to July 7, 2023). This will lead you to the registration forms.

During registration, Easter Seals will ask you to fill out several forms with general camp information, and OCS also has some necessary forms to be filled out.

The camp is referred to as Ostomy Canada Society (Osto) sub-category is Ostomy Canada Youth Camp.

- The dates are Monday July 2, 2023 to Friday July 7, 2023.
- For any camper over 18, you will need to make their birthdate a year later. The camper's age will be corrected later.
- Dates for immunizations can be 'an estimate', so you don't have to go searching through your camper's medical records.
- When you are asked to select a Payment Option, please select 'enter a discount code' and enter the code: 'OCYC2023' If your camper is being sponsored by a chapter or OCS, this will allow you to bypass payment and complete the registration process. You or your chapter or OCS will make the payment directly to OCS. Do not make payment on Camp Brain.
 - 5. If you are fully paying for your child's registration, payment can be made through https://www.ostomycanada.ca/camp/camp-payment/ or by e-transfer or by cheque/money order. Please make cheques payable to Ostomy Canada Society Inc. and indicate who the registration fee is for. Cheques can be made payable to Ostomy Canada Society Inc and mailed to: Ostomy Canada Society Attn: Lisa Gausman Camp Administrator, 5800 Ambler Drive, Suite #210, Mississauga ON L4W 4J4.
- Fundraising is an important part of camp, especially with the cost increases in 2023, please see the fundraising information included.

If you have any questions about the registration procedures, please contact the camp administrator, Lisa Gausman at lisa.gausman@ostomycanada.ca



Financial Support

Ostomy Youth Camp 2023

If possible, parents/guardians will be expected to fully pay transportation and camp registration fees.

Sponsorship may be available if requested and no child will be denied based on their financial situation.

If families are unable to pay, they should first contact their local Chapter or Peer Support Group of Ostomy Canada Society to request full or partial sponsorship. If the Chapter/Peer Support Group is unable to assist or can only partially fund the camper or there is no Chapter/Peer Support group near their area, then local service clubs, churches and other non-profits should be contacted for assistance. In addition, the local hospital(s) or regional children's hospital should be contacted. Campers are also encouraged to engage in their own fundraising efforts for camp. Campers have been impressively successful with all sorts of endeavors.

First time campers who have a urostomy may meet the eligibility criteria for the Shane Banfield Memorial Fund and can request an application from the Ostomy Canada Society office for an application form.

Should all the above-mentioned avenues not result in sufficient funding, Ostomy Canada Society will fund partial and/or full registration and/or transportation costs upon <u>written request</u>.

Campers are encouraged to participate in fundraising activities. This encourages our campers to develop several valuable life-skills. Some of these skills include the ability to reach out to other people and form valuable 'people skills'. Fundraising gives our campers the perfect opportunity to learn about volunteering and money management by learning the steps to planning and achieving long term goals and they also learn how to build relationships with donors. Fundraising gives our campers a chance to speak with potential donors and helps reduce the stigma of bowel and bladder diversion surgeries fulfilling the mission and vision of their sponsor, Ostomy Canada Society Inc.

Their participation in fundraising can shape them into amazing adults and by the end of their camp years they can have the ability to advocate for not just themselves but for other children and adults who have or will have bowel or bladder diversionary surgeries.

We have been fortunate that in the past several camp years some of our campers have raised as much as \$50 - \$250 and in one case an outstanding \$2000 on their own. It is amazing and although we do not single anyone out, we do encourage all our campers to give back to the organization that has sponsored them. We take great pride in their success. Please see our Fundraising Guideline Information page for more information.



Fundraising Guidelines

Ostomy Canada Youth Camp 2023

For our campers, Ostomy Camp is an eye-opening experience for individuals to learn about themselves, their medical condition and to make meaningful and lasting relationships. Most importantly, summer camp is a whole lot of fun.

Having fun can cost a lot of money. Unfortunately, due to rising costs, Camp Horizon has increased their costs in 2023 from \$650 to \$900. Fundraising is an essential part of sending a child to any camp. Currently, Easter Seals covers half the cost of the \$1,800 registration fee leaving the parent, OSC or local chapters/support groups to cover the other half of registration (\$900). In addition, 75% of our campers fly in from various locations across Canada and flights can cost upwards of \$1,000 per camper. With the increase of gas prices this year, we anticipate flight costs will skyrocket and the need for fundraising will increase significantly.

Please note, fundraising is not mandatory, and no child will be denied the camp experience based on their ability to raise funds. If you are unable to fundraise, then we do encourage all our campers/families to make their own donation of \$25.00 (tax receipt) or more toward their camp to be a 'supporter' of Ostomy Canada Society. This contribution provides a subscription to the Ostomy Canada Magazine, Newsletter, and other key pieces of information. The Magazine alone is geared towards people living with an ostomy and or bowel and bladder diversions surgery and contains uplifting and informative articles from around the globe. This also engages your children in understanding where camp sponsorship comes from and how their chosen charity helps kids like them and will continue to be able to do so with money raised from fundraising.

Often sponsoring Chapters will ask the camper to give a short talk at a local meeting or write a thank you letter telling the members about their camp experience. Their members are more likely to donate if they hear firsthand how camp has made an impact on the campers. Many of our camp alumni were sponsored by these local chapters for their entire camp years (ages 9-18).

We urge all our camp parents to have a conversation about the importance of fundraising for camp and that the Ostomy Canada Society, as a non-profit organization require volunteers as well as monetary donations for their existence. Some suggestions for fundraising that many of our past campers enjoyed include babysitting, saving of allowance, saving of birthday gift money, dog walking, lawn mowing, jewelry making, bottle collecting, lemonade stands and snow shoveling.

How to submit your fundraising donation:

If you belong to an Ostomy Canada Society Chapter or Peer Support Group, and/or are being sponsored by a Chapter, then you should send your child's fundraising money via cheque to your Chapter (some accept e-transfer). Clearly mark the money with your camper's full name, address and indicate the amount raised. The same applies if you know the chapter that has sponsored your child but are not a member.

If you are uncertain about who has sponsored your child, please contact the camp administrator Lisa Gausman at lisa.gausman@ostomycanada.ca she will be able to provide the chapter/peer support group contact name and information. Alternately, donation monies can be mailed into the OCS office at: Ostomy Canada Society Attn: Camp Administrator, 5800 Ambler Drive, Suite #210, Mississauga ON L4W 4J4. Clearly mark who the donation is from and indicate that it is a donation for the Ostomy Canada Youth Camp.

Please do not hesitate to contact Lisa with any questions or concerns.