

EVENTS & CONNECTIONS



Step Up for Ostomy is a national event to generate awareness and funds to support our programs. This day helps celebrate "Canada Ostomy Day or World Ostomy Day".

Webinars - OCS invites speakers to share their expertise during interactive sessions which cover a range of topics in ostomy care, wellness, nutrition, management and ostomy relevant materials.

Volunteer with Us? OCS and our local groups provide a number of enriching activities for volunteers. Check out our website or connect through your local group.

Our Medical Lifestyle Advisory Committee

can help answer specific ostomy care questions in a confidential manner. Ever wonder how to locate a Nurse Specialized in Wound, Ostomy and Continence (NSWOC)? Visit www.nswoc.ca and find a NSWOC.



To find out more about what is happening in or near your community we suggest you connect with your local Chapter or Support Group.



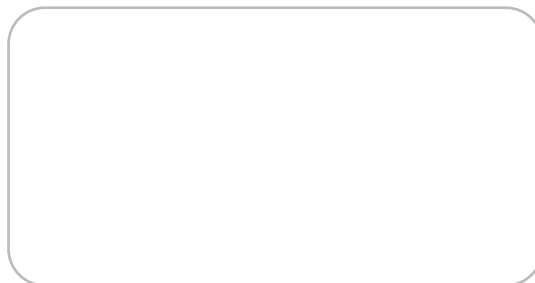
Ostomy Canada Society | Société Canadienne des Personnes Stomisées

TO DONATE

Ostomy Canada Society
Suite 210, 5800 Ambler Drive
Mississauga, ON L4W 4J4
Phone: 905-212-7111 Fax: 905-212-9002
Toll Free: 1-888-969-9698
Email: info1@ostomycanada.ca
Website: www.ostomycanada.ca

A Registered Canadian Charity
CRA # 119277093 RR0001

Your Local Ostomy Chapter or Group is:



HERE TO HELP YOU AND YOUR OSTOMY



Ostomy Canada Society | Société Canadienne des Personnes Stomisées

Helping to Live Life to the Fullest



Our national network
of support and outreach is
here to help those
living with an ostomy.

Most people have never heard of the word “ostomy” and most of us rarely speak of our bowels, bladder, urine, stools or wearing an appliance because it is usually a private and personal matter. However, at Ostomy Canada Society Inc. we DO talk about these things and are proud of it.

Ostomy Canada Society Inc. (OCS) is the national non-profit volunteer organization dedicated to all people living with an ostomy, and their circles of support, helping them live life to the fullest through advocacy, awareness, collaboration and support.

To find out more go to www.ostomycanada.ca, or visit us on FaceBook, Twitter, Instagram and LinkedIn.



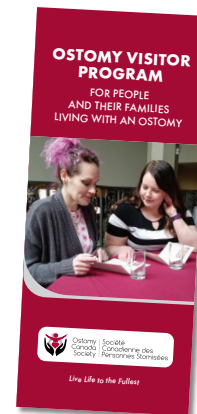
WAYS WE SUPPORT YOU, YOUR FAMILY AND CIRCLE OF SUPPORT

Chapters and Support Groups

Did you know that more than 135,000 Canadians have an ostomy? Did you know many of these individuals and families connect with each other at meetings, chat lines and Zoom calls to share and support each other? These networks of people meet on a regular basis to help each other and share stories of support. To find the Chapter or Support Group nearest you visit our website.

Our National Visitors Program

Through a Chapter, Support Group or our national office, you can connect with a trained visitor who matches you by gender, age, ostomy type or continent procedure. This is a wonderful way to help with the overall understanding of life with an ostomy. (OCS follows all local health regulations and thus face to face visits might not always be available).



Financial Support – Disability Tax Credit (DTC)

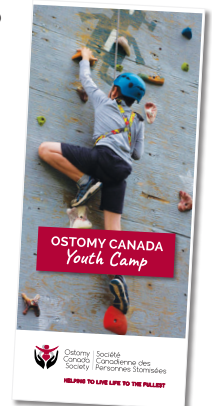
If you have a permanent or temporary ostomy for at least 12 months, you can apply for the DTC. The DTC is a non-refundable tax credit used to reduce the amount of tax. All or part of these amounts may be transferred between your spouse, common-law partner, or another supporting person. If a child under 18 years is eligible for the DTC, that child is also eligible for the child disability



benefit. There are a number of eligibility requirements, application tips, forms and other valuable information on our website.

Ostomy Canada Youth Camp

Our Youth Camp provides an opportunity for young people aged 9-18 who have ostomies or other special related needs such as an internal pouch, Crohn's disease, ulcerative colitis, cancer, etc. to attend a week long camp and participate in a host of amazing activities under professional and medical supervision.



Ostomy Canada Magazine and Connects Newsletter

Ostomy Canada Magazine is dedicated to the interests of persons with an ostomy, their families, friends and caregivers. It offers health related information such as care, wellness and nutrition. It features motivational stories, product information and connection points across Canada. It is published twice a year. Ostomy Canada Connects Newsletter is a quarterly digital newsletter outlining events, fun facts, ostomy care and tips on how best to live your life to the fullest. Supporters who provide their email address are sent copies. You must be a member of Ostomy Canada to receive both.

